

# HONEST ORIGINS

## 55 % PROTEIN NAVY FLOUR

(ITEM # 530177)



**Navy Bean 55% Protein Flour:** 55% protein navy flour is bean protein which is the mechanically milled and processed portion of the whole navy bean. The product undergoes proprietary physical treatment.

**INGREDIENTS:** Navy Beans

**STORAGE:** Storage in cool, dry conditions promotes longer shelf life

**Proximate Data:**

% Moisture	10.0
% Protein, min.	55.0

**Particle Analyzer Data:**

Dx50 particle size:	36µ
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**Microbiological Data:**

Standard Plate Count	≤1,000/gm
Coliform	≤100/gm
E. Coli	Negative
Salmonella	Negative
Yeast & Mold	≤200/gm

**TYPICAL ANALYSIS:** (per 100 g dry)

**Calories** 313\*\*

**Fatty Acid Profile**

Total Fat (g)	5.7
Saturated Fat (g)	1.1
Monosaturated Fat (g)	0.95
Trans Fat (g)	ND
Polyunsaturated (g)	3.6
Carbohydrate, Total (g)	32
Total Dietary Fiber (g)	21
Soluble Fiber (g)	7.6
Insoluble Fiber (g)	13.4
Total Sugar (g)	3.4
Sucrose (g)	ND
Fructose (g)	.12
Glucose (g)	ND
Lactose (g)	ND
Maltose (g)	3.27
Vitamin D (µ)	ND
Calcium (mg)	219
Potassium (mg)	1862
Sodium (mg)	9.4
Iron (mg)	11.5
Ash (%)	6.0

\*\* (Insoluble Fiber Subtracted)

TECHNICAL DATA SHEET (MINIMAL ANALYSIS)

Approved: Sherrie D. King, Quality Manager      6/7/2021