

HONEST ORIGINS NAVY BEAN WHOLE FLOUR

(ITEM # 530151)



Navy Bean Whole Flour: Whole Navy Bean flour is a mechanically milled and processed product. Navy Bean flour can be used as an ingredient in baked, extruded snacks and as a natural thickener or meat binder. Light brown to pale brown in color, ground pinto beans have a mild to bland sweet bean flavor.

INGREDIENTS: Navy Beans

STORAGE: Storage in cool, dry conditions promotes longer shelf life

Proximate Data:

% Moisture, max..... 10.0
% Protein, min..... 21.0

Particle Analyzer Data:

Particle Analyzer Dx5 31.5 μ

Microbiological Data:

Standard Plate Count, max... 1000/gm
E.Coli/Coliform..... \leq 200/gm
Salmonella..... Negative
Yeast & Mold..... \leq 200/gm

TYPICAL ANALYSIS: (per 100 g dry)

Calories 279**

Fatty Acid Profile

Total Fat (g), max 2.4

Saturated Fat (g) 0.5

Monosaturated Fat (g) 0.4

Polyunsat. Fat (g) 1.5

Trans Fat (g) ND

Carbohydrate, Total (g) 61.4

Total Dietary Fiber (g) 25.6

Soluble Fiber (g) 7.9

Insoluble Fiber (g) 17.8

Total Sugar (g) 3.0

Sucrose (g) 3.0

Fructose (g) ND

Glucose (g) ND

Lactose (g) ND

Maltose (g) ND

Sodium (mg) 10

Vitamin D (μ g) 0

Potassium (mg) 1310

Calcium (mg) 150

Iron (mg) 6.2

Ash (%) 3.6

** (Insoluble Fiber Subtracted)

TECHNICAL DATA SHEET (MINIMAL ANALYSIS)

Approved: Sherrie King, Quality Manager

6/7/2021

A handwritten signature in black ink that reads "Sherrie King".