

HONEST ORIGINS LENTIL WHOLE FLOUR

(ITEM # 197)



Lentil Whole Flour: is a lentil flour which is the mechanically milled and processed portion of the lentil cotyledons. The flour undergoes proprietary physical treatment that provides cleaner flavor profile.

INGREDIENTS: Lentils

STORAGE: Storage in cool, dry conditions promotes longer shelf life

Proximate Data:

% Moisture, max..... 10.0
% Protein, min..... 23.0

Particle Analyzer Data:

% Particle size min30μ

Microbiological Data:

Standard Plate Count, max... 5,000/gm
E. Coli/Coliform..... 200/gm
Salmonella..... Negative
Yeast & Mold..... 200/gm

TYPICAL ANALYSIS: (per 100 g dry)

Calories	324**
Fatty Acid Profile	
Total Fat (g),	1.9
Saturated Fat (g)	.38
Polyunsat. Fat (g)	1.02
Monounsat. Fat (g)	.51
Trans Fat (g)	ND
Carbohydrate, Total (g)	70
Total Dietary Fiber (g)	22.9
Sugars (HPLC)	
Total Sugar (g)	1.76
Fructose (g)	.12
Glucose (g)	ND
Sucrose (g)	1.4
Maltose (g)	.24
Lactose (g)	ND
Includes 0g added sugars	
Cholesterol (mg)	ND
Vitamin D (μg)	0
Sodium (mg)	1.62
Potassium (mg)	1005
Calcium (mg)	88.5
Iron (mg)	7.0
Ash (%)	2.4

** (Insoluble Fiber Subtracted)

TECHNICAL DATA SHEET

Approved: Sherrie King, Quality Manager 12/16/2021

A handwritten signature in black ink, appearing to read "Sherrie King".