

# HONEST ORIGINS NAVY STARCH FLOUR

(ITEM # 178)



**Navy Flour:** Navy flour is a reduced protein bean flour which is the mechanically milled and processed portion of the navy bean. The product undergoes proprietary physical treatment.

**INGREDIENTS:** Navy Beans

**STORAGE:** Storage in cool, dry conditions promotes longer shelf life

### Proximate Data:

% Moisture, max..... 10.0  
% Protein, max..... 20.0  
% Starch, min.....65.0

### Particle Analyzer Data:

Dx50 particle size: 43μ

### Microbiological Data:

Standard Plate Count, max... 1,000/gm  
Coliform..... ≤200/gm  
E. Coli..... Negative  
Salmonella..... Negative  
Yeast & Mold..... ≤200/gm

### TYPICAL ANALYSIS: (per 100 g dry)

**Calories 302\*\***

Fatty Acid Profile

Total Fat (g), 2.2

Saturated Fat (g) .46

Monounsat. Fat (g) .35

Trans Fat (g) ND

Polyunsat. Fat (g) 1.4

Carbohydrate, Total (g) 66

Total Dietary Fiber (g) 20.5

Soluble Fiber (g) 7.4

Insoluble Fiber (g) 13.1

Total Sugar (g) 4.5

Sucrose (g) ND

Fructose (g) .11

Glucose (g) ND

Lactose (g) ND

Maltose (g) 4.3

Cholesterol (mg) ND

Vitamin D (mcg) 0

Sodium (mg) 6.2

Potassium (mg) 1350

Calcium (mg) 125

Iron (mg) 7.0

Ash (%) 3.5

\*\* (Insoluble Fiber Subtracted)

TECHNICAL DATA SHEET (MINIMAL ANALYSIS)

Approved: Sherrie D. King, Quality Manager

6/7/21

A handwritten signature in black ink, appearing to read "Sherrie D. King".